


ELEVIT pregnancy multivitamin tablets (www.elevit.com.au), ingredients per tablet:

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Elevit Pregnancy Multivitamin

Elevit is a pregnancy multivitamin and mineral supplement that has been specially formulated to help meet the increased nutritional needs of women who are trying to conceive, pregnant and breastfeeding.



one per day Only in pharmacies

PHARMACY MEDICINE
KEEP OUT OF REACH OF CHILDREN
elevit
HEALTHY BABY. HEALTHY MUM.
before 1 during 1 after pregnancy
Vitamins & Minerals to support you through the altered stages of pregnancy & breastfeeding
A RACVET
OF SWITZ

The full formulation of Elevit includes the following:

Ingredient	Quantity
Folic Acid	800 mcg
Iron	60 mg*
Iodine	220 mcg
Nicotinamide (B3)	18 mg
Riboflavin (B2)	1.4 mg
Thiamine (B1)	1.4 mg
Calcium pantothenate (Pantothenic Acid) (B5)	6 mg
Pyridoxine (B6)	1.9 mg
Cyanocobalamin (B12)	2.6 mcg
Biotin	30 mcg
Ascorbic acid (C)	85 mg
Cholecalciferol (D) (200IU)	5 mcg
dl-alpha tocopheryl acetate (E)	18.7 mg
Calcium	125 mg
Zinc	11 mg
Selenium	50 mcg
Magnesium	100 mg
Copper	1 mg
Manganese	1.9 mg

*Elevit contains 183 mg ferrous fumarate which corresponds to 60 mg elemental iron.